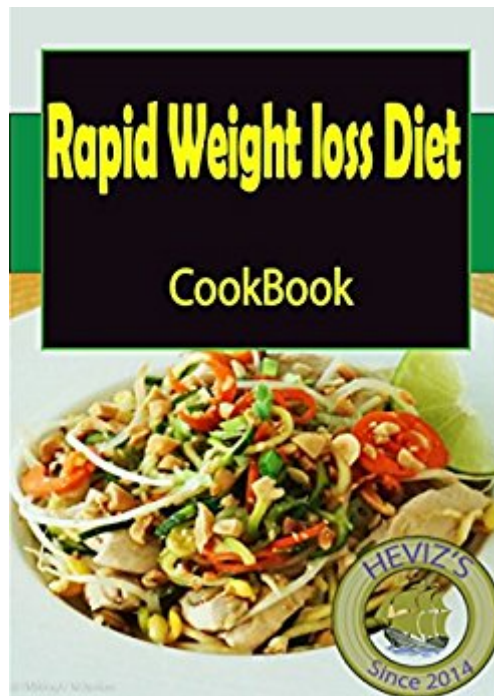


The book was found

Rapid Weight Loss Diet: 101. Delicious, Nutritious, Low Budget, Mouthwatering Rapid Weight Loss Diet Cookbook



Synopsis

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Kiwi-Berry Smoothieâ€¢Quinoa Breakfast Cerealâ€¢Crustless Asparagus Quicheâ€¢Skinny Breakfast Sausageâ€¢Green Tea Kiwi-Berry Smoothieâ€¢Pita Pocket Breakfast Sandwichâ€¢Cool Down Hibiscus Iced Teaâ€¢Peanut Butter and Honey Oat Barsâ€¢Banana Oat Pancakes with Apricot Compoteâ€¢Slow Cooker Savory Mexican Oatsâ€¢Slow Cooker Creamy Almond Oatmealâ€¢Oatmeal Blueberry Protein Pancakesâ€¢Slow Cooker Apple Cinnamon Oatmealâ€¢Southwestern Black Bean Saladâ€¢Grilled Eggplant & Zucchini Saladâ€¢Herbed Salmon with Broccoli Bulgur Pilafâ€¢Smoked Salmon, Feta and Avocado Saladâ€¢Easy Pasta Salad with Cucumbers & Tomatoesâ€¢Tuna Casseroleâ€¢JalapeÃ±o Lime Tuna Salad

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